

"Heights Highlights"

A monthly update of recreational programs, activities & special events in our city!



"Spring" into Rec Activities this Month !

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March is traditionally the beginning of the end to our cold, wet winter weather, the advent of longer, sunnier days & deciding what indoor and outdoor activities you can register for at the community center!!!

This month brings Spring Swimming, Safety Town, T-Ball & Kid-size summer camp registrations while our water/land fitness classes have a spot reserved just for you!

We are also offering a week of kids activities called "Warrior Week" over Spring Break (see page 3 for details). This program just won an Award of Excellence in Sports from the Ohio Parks & Rec Assoc.

When Berea Schools are cancelled due to bad weather, ALL water & land SilverSneaker® classes and all programs scheduled prior to 4 pm will also be canceled! A decision about classes/programs held after 4 pm will be made asap that same day. If the BCSD implements a 2-hour delay, ALL classes/programs will be held as scheduled.



Hop On Our Easter Egg Hunts Coming Soon!

Join us for our Aquatic Egg Hunt in the Indoor Pool and/or our Outdoor Hunt on the Ballfields on Saturday, April 4. The indoor hunt is for ages 6 months-10 yr. olds but you MUST pre-register. \$1 for members, \$2 for residents & \$5 for non-residents.

Parents must be IN THE WATER with children ages 4 & under. The outdoor hunt is free for ages 8 & under at 1 pm. Kids are divided by age group on our 3 fields (weather permitting). "Specially marked" eggs have prizes for those who "find" em.

The 11th annual Spring Shopping Extravaganza is at the center on Sunday, March 15 from 1-4 pm. Over 50 vendors will be here. Free admission, Cookie Bar & Door prizes. Kids are welcome. Contact Dana at madotto2@yahoo.com

News & Notes

The Middleburg Hts. Women's Club Scholarship Applications for 2020-21 are available at your school's guidance counselor's office, the MHCC or the person listed below. Must be female residents of Midd. Hts. who will be graduating this Spring! The deadline is Friday, March 20, 2020. Return apps to: Laurie Bortolotto, 14320 Newton Rd. Midd. Hts., Oh 44130

Save the Date!

The annual Big Creek 5K Run & 1 Mile Walk will be held on May 10, 2020 (Mother's Day) at 9 am beginning at the MHCC! Register at peaceracing.com or at bigcreekrun.com before April 1 and save \$5! New this year....pre-race day packet pickup on Sat., May 9 at Rock Creek Kitchen & Bar from 3-5 pm.



Please note that we have new water slide hours of availability. When the Berea City School District schools are in session, the water slide will be CLOSED between 6 am-4 pm. The slide is also closed during scheduled programming. Please refer to the monthly pool schedule which is available online or at the center for lap lane availability .

The Midd. Hts. Senior Connection will sponsor a St. Patrick's Day Luncheon at the center on Thursday, March 12 from 11:30 am-1:30 pm. The cost is \$5 for an Irish-themed lunch provided by Nak's Eatery & Drinkery. We'll have a bag pipe demo and much more! Sign up online or in person at the MHCC.

*Turn your clocks
AHEAD
one hour at 2 am on
Sunday, March 8*

*Spring officially starts
Wednesday, March 19*

Adult Indoor Dance Schedule

Dances are held on the 1st & 3rd Tuesday of the month from 1-3 pm. There is a \$5 admission fee for members and \$7 for non-members for each dance (includes coffee and a donut).

March 3 Al Battistelli
March 17 Wayne Tomsic

Save Time & \$\$ by purchasing a water exercise punch card, valid for any walk-in class. Get 11 classes for the price of 10! Members pay \$20, resident non-members pay \$40 & Non-residents pay \$60. Buy Today!

The Midd. Hts. Women's Club will have their next meeting on Thursday, March 5th 1 pm at the MHCC. The guest speakers will be Rec. Director Jeff Minch & Program Coordinator, Steve Dockman, to discuss the new Senior Programs that are in the works as well as an update on Community Center renovations for 2020! As this is the annual St. Patrick's Day meeting, wearin' o' the green is customary! Go to their Facebook page at www.mhwomensclub.weebly for more information.

The Spring Family First Night (in partnership with the Berea City School District) will be held at the center on Monday, March 16 from 6:30-8 pm. Since there is no homework or sports practices that night, bring the family to the MHCC for a fun night out. Pizza, snacks & pop will be sold at discounted prices!

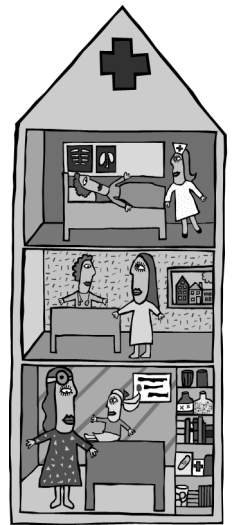
April 7	No Dance
April 21	Wayne Tomsic
May 5	Al Battistelli
May 19	Wayne Tomsic
June 2	No Dance
June 16	Wayne Tomsic

Community Health Awareness Programs this Month

The Rec. Dept. partners with local health organizations to provide our Community the following services on the dates/times listed below:

- Mon., March 2 Blood Pressure Screening (9-11 am)
- Tue., March 3 Blood Pressure Screening (8-10 am)
- Mon., March 9 Blood Pressure Screening (7-9:45 am)
- Mon., March 16 Blood Pressure Screening (8-10:30 am)
- Mon., March 23 Blood Pressure Screening (7-9:45 am)
- Mon., March 30 Blood Pressure Screening (7-9:30 am)

*All of the above programs are **FREE** except where noted
*The next Red Cross Blood Drives are on Mon., March 2 & Mon., March 9
from 1-7 pm at the center!*



Safety Town Sign-ups begin this month!

Registrations for our very popular "Safety Town" program will begin on Monday, March 9th! Resident Boys & Girls entering Kindergarten in the Fall of 2020 are welcome. The program is from Mon., June 8-Thurs., June 18. Class times are from 9:00-10:30 am or from 11 am-12:30 pm. There is a \$20 fee to sign-up! Forms will be available at the Midd. Hts. Police Station and at the Community Center on Monday, March 9!! Your child will learn a number of safety-related concepts along with trips to the Police & Fire Stations!



The Award-Winning Warrior Week Is Almost Here!



The Rec. Dept. will be offering a week of activities for kids (ages 8-15) at the center from Monday, March 23-Friday, March 27 (Spring Break for students). Pre-Registration is required for each of these events. Registration

will be accepted starting Sun., March 1 for members/residents and starting Sat., March 7 for all others. We will accept registrations through the day of the event or until the event is full. Register at the front desk or online. The fee for Warrior Week is \$20 for members, \$25 for residents and \$30 for all others. The Ohio Parks & Rec. Assoc. recently gave the Rec. Dept. a 1st place Award of Excellence in Sports for this program!

The Friendly Walkers Breakfast Club meets at 9:00 am on the first Friday of the month here at the center to discuss exercise tips, plans for future meetings/special events & socializing! Breakfast follows at a nearby restaurant. If you're looking for the camaraderie of fellow walkers, please contact Laurie in the Fitness Area!

If you would like to receive twice-a-month updates on everything that's happening in the Rec. Dept. via email, send an email message to Steve Dockman at sdockman@middleburgheights.com, type in the word "newsletter" in the subject line & we'll sign you up for the next update!

16000 Bagley Rd.
Midd. Hts., Ohio 44130

Phone: 440-234-2255

Fax: 440-234-3228

Email:

sdockman@middleburgheights.com



Looking for a great place to have your child's birthday party that's close to home, inexpensive and fun?

Try our three different
Birthday Party Packages

at the Community Center



Pick up a flyer in the lobby for more info, go online or contact us at 440-234-2255 or email [Mary at mmarando@middleburgheights.com](mailto:mmarando@middleburgheights.com) to reserve your date!!

WE'RE ALSO ONLINE AT
WWW.MIDDLEBURGHEIGHTS.COM

Spring 2020 Learn-to-Swim Registrations for members & residents will begin on Fri., March 20! Non-residents can start signing up on Fri., March 27! Fees are listed on the registration forms. Monday classes are from 3/30-5/18, Wednesday classes are from 4/1-5/20 & Saturday classes are from 4/4-5/23. We have classes for Toddlers (ages 18 mo.-3), Preschool with Parent (ages 3-5½), Preschool Alone (3½-5½), Intro Skills (ages 6+) & Stroke Skills (6+). No classes on Saturday, April 11 (Easter Saturday).

Our next Kidszone Saturday Sitters (ages 3-8) and Jr. Sitters (ages 9-13) program will be held on Sat., March 21. The fee for 3-8 yr. olds is \$10 for members/residents & \$15 for non-residents. The fee for 9-13 yr. olds is \$5 for members/residents & \$7 for non-residents. Sign up TODAY!

Sign-ups for our T-ball Clinic Program (ages 3-4) will be held until March 31 or til full. Sessions are on Wed. mornings from 10-10:45 am &/or Wed. evenings from 6-6:45 pm from 6/3-7/8. \$45 for res/mem & \$55 for those who reside in or attend a public or private school in the BCSD.



The Kidszone Summer Camps will begin accepting sign-ups on Tues., March 31. The camps are on Tues. & Thurs. in June & July, 2020. You may sign up for 1 week or multiple weeks. Fees for children in grades K-5 are \$35 per week for members/residents & \$40 per week for non-mem/non-res. Fees for Jr. Counselors in grades 6-8 are \$25 & \$30 per week. Dates are: June 16&18, June 23&25, June 30&July 2, July 14&16, July 21&23 and July 28&30.

More Activities & Programs

Lifeguard Training will be held at the MHCC on Fridays (4-9 pm on 5/5 & 5/15), on Saturdays (2-8 pm on 5/9 & 5/16) & on Sundays (2-8 pm on 5/10 & 5/17). Enrollment does not guarantee certification. Training fees can be waived as an incentive programs. Call Jessica at 440-234-2255 for more info about the incentive program.

Adult Learn to Swim Classes will be offered on Wednesdays from April 1-May 20. New to the Pool classes (no swimming experience) is on Wednesdays from 7:15-8 pm and Novice classes (limited swimming experience) is on Wednesdays from 7:15-8 pm. You begin signing up ONLINE or at the center on 3/20 for members/!



Adapted Learn to Swim Classes will be offered on Mondays from March 30-May 18 at the center. Parent with Child (ages 2-7) is from 6-6:30 pm, Intro Skills (ages 6-15) is from 7-7:30 pm & 7:30-8 pm, Adult Exercise (ages 16+) is from 7:30-8 pm & Stroke/Advanced Skills (ages 8+) is from 8-8:50 pm with the opportunity to join the MBB-Grinders Special Olympics program.