

"Heights Highlights"

A monthly update of recreational programs, activities & special events in our city!



MIDDLEBURG HEIGHTS
COMMUNITY CENTER

7764 members

"Spring" into Rec Activities this Month !

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March is a great month to be thinking about the end to our long, cold winter weather, the beginning of longer, sunnier days & deciding what indoor and outdoor activities that you can register for at the community center!!!

Spring Swim lessons & Kidszone classes start soon, youth baseball and softball sign-ups are extended and our water/land fitness classes have a spot reserved just for you!

We are also offering a week of kids activities called "Warrior Week" from Mon., March 25-Fri., March 29 (see page 3 for details). Move your clocks ahead 1 hour on 3/10!

The Indoor Pool, Steam Room, Sauna & Hot Tub will be closed for scheduled maintenance beginning Monday, March 4 and re-opening on Saturday, March 16. The locker rooms will remain open. Members may use the Strongsville & Berea Rec Centers during this time.



The 10th annual Spring Shopping Extravaganza is at the center on Sunday, March 17 from 1-4 pm. Over 50 vendors will be here. Free admission, Cookie Bar & Door prizes. Kids are welcome. Contact Dana at madotto2@yahoo.com

Easter Egg Hunts Are Later This Year!

Join us for our Aquatic Egg Hunt in the Indoor Pool and/or our Outdoor Hunt on the Ballfields on Saturday, April 20. The indoor hunt is for ages 6 months-10 yr. olds but you MUST pre-register. \$1 for members, \$2 for residents & \$5 for non-residents.

Parents must be IN THE WATER with children ages 4 & under. The outdoor hunt is free for ages 8 & under at 1 pm. Kids are divided by age group on our 3 fields (weather permitting). "Specially marked" eggs have prizes for those who "find" em.

News & Notes

The Middleburg Hts. Women's Club Scholarship Applications are available at your school's guidance counselor's office or the person listed below. Must be a female residents of Middleburg Hts. who will be graduating this Spring!

The deadline is Friday, March 22, 2019.

Return apps to:
Norleen Biddulph,
MHWC17@gmail.com
or call 440-676-8475.

The 7th Annual Dash4Dignity 5K Run & 1 Mile Walk on Sat., April 27 at Midd. Hts. Jr. High is accepting sign-ups NOW. The 5K begins at 9 am and the walk at 9:15 am. All proceeds benefit Wags 4 Warriors which unites Vets with Service Dogs. Register by going to their Facebook page and clicking on runsignup.com



Outdoor Pavilion Rentals will be accepted for the 2019 season for residents & yearly members starting Mon., March 4! Rental dates are available from May to mid-October, 2019. The cost is \$75 for one pavilion from dawn to dusk. There are 10 picnic tables, 2 grills and electrical outlets per pavilion. Call our Sales & Events team at 440-234-2255!

The Midd. Hts. Historical Society cordially invites you to their meeting at the Center on Tuesday, March 5 at 7 pm, Doug Kusak from the MetroParks will talk about the history of fires on the Cuyahoga River in "Burning Requiem-Fire on the Water." The public is welcome. There is no charge to attend.

Turn your clocks AHEAD one hour at 2 am on Sunday, March 10

Spring officially starts Wednesday, March 20!!!

Save Time & Money by purchasing a water exercise punch card! Cards are valid for any walk-in class. Get 11 classes for the price of 10! Members pay \$20, resident non-members pay \$40 & Non-residents pay \$55. Get yours at the front desk TODAY!

PGA Junior Golf is accepting sign-ups for their spring/summer golf program. Classes begin indoors at Force Sports in Rocky River on Mondays, Wednesdays & Thursdays from 4-6 pm and on Saturdays from 10 am -12 pm from March 25-May 18.

When the weather permits, classes will be held at the Meadowood Golf Club in Westlake.

The cost for this 10 week program is \$250. Participants will learn how to chip, putt & how to swing the club correctly. Each registrant gets 2 Garb jerseys, bag tags, t-shirt, drawstring bag, a golf ball for every match, indoor Calloway practice balls, access to the PGA merchandise store and a season-ending pizza party! Contact John Zupan at 216-767-6844 or at johnzupan@sbcglobal.net for more information.

Adult Indoor Dance Schedule

Dances are held on the 1st & 3rd Tuesday of the month from 1-3 pm. There is a \$5 admission fee for members and \$7 for non-members for each dance (includes coffee and a donut).

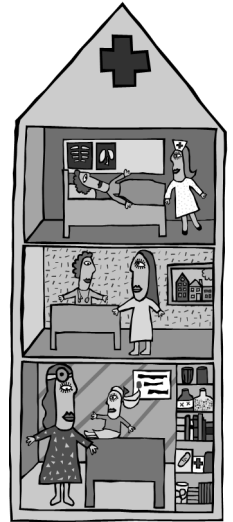
| | |
|----------|----------------|
| April 2 | Al Battistelli |
| April 16 | Wayne Tomsic |
| May 7 | Al Battistelli |
| May 21 | Wayne Tomsic |
| March 5 | Al Battistelli |
| March 19 | Wayne Tomsic |
| June 4 | Al Battistelli |
| June 18 | Wayne Tomsic |

Community Health Awareness Programs this Month

The Rec. Dept. partners with local health organizations to provide our Community the following services on the dates/times listed below:

- Tue., March 5 Blood Pressure Screening (8-10 am)
- Tue., March 6 Hearing Screening (9-11 am)
- Mon., March 11 Blood Pressure/Glucose Screening (8-11 am)
- Mon., March 18 Blood Pressure/Glucose Screening (8-11 am)
- Wed., March 20 Blood Pressure Screening (8 am-12 pm)
- Mon., March 25 Blood Pressure/Glucose Screening (8-11 am)

*All of the above programs are **FREE** except where noted
The next Red Cross Blood Drive is Monday, April 1 from 1-7 pm at the center!



Safety Town Sign-ups begin this month!

Registrations for our very popular "Safety Town" program will be held starting Monday, March 11th! Resident Boys & Girls entering Kindergarten in the Fall of 2019 are welcome. The program is from Mon., June 10-Thurs., June 20. Class times are at 9:00 or 11:00 am. There is a \$20 fee to sign-up! Forms will be available at the Midd. Hts. Police Station and at the Community Center on Monday, March 11!! Your child will learn a number of safety-related concepts along with trips to the Police & Fire Stations!



Warrior Week To Be Held Over Spring Break!



The Rec. Dept. will be offering a week of kids (ages 8-14) activities for FREE from Monday, March 25-Friday, March 29 (Spring Break for BCSD students). Non-resident guests must pay a \$10 fee per day to participate (normally \$15 per day)

except Thursday which is our regular Member & Resident ONLY day. On Friday, March 29, we will have an indoor movie to wrap up the week of activities. We will conduct "The Clash of the Heights" on Monday, April 22 this year (more details will be provided soon!

The Friendly Walkers Breakfast Club meets at 9:00 am on the first Friday of the month here at the center to discuss exercise tips, plans for future meetings/special events & socializing! Breakfast follows at a nearby restaurant. If you're looking for the camaraderie of fellow walkers, please contact Laurie in the Fitness Area!

If you would like to receive twice-a-month updates on everything that's happening in the Rec. Dept. via email, send an email message to Steve Dockman at sdockman@middleburgheights.com, type in the word "newsletter" in the subject line & we'll sign you up for the next update!

16000 Bagley Rd.
Midd. Hts., Ohio 44130

Phone: 440-234-2255

Fax: 440-234-3228

Email:

sdockman@middleburgheights.com



Looking for a great place to have your child's birthday party that's close to home, inexpensive and fun?

Try our three different
Birthday Party Packages

at the Community Center



Pick up a flyer in the lobby for more info and then contact us at 440-234-2255 or Karol at kgermany@middleburgheights.com to reserve your date!!

WE'RE ALSO ONLINE AT
WWW.MIDDLEBURGHEIGHTS.COM

Spring 2019 Learn-to-Swim Registrations for members (\$35) & residents (\$50) will begin on Tuesday, March 5! Non-residents (\$65) can start signing up on Tuesday, March 12! Monday classes are from 4/1-5/20, Wednesday classes are from 4/3-5/22 & Saturday classes are from March 30-May 18. We have classes for Toddlers (ages 18 mo.-3), Preschool with Parent (ages 3-5½), Preschool Alone (3½-5½), Intro Skills (ages 6+) & Stroke Skills (6+).

Our Kidszone Saturday Sitters program will be held on Sat., March 16, April 21 & May 19 for ages 3-8 and for Jr. Sitters on the same dates for ages 9-14. The fee for 3-8 yr. olds is \$10 for members/residents & \$15 for non-residents. The fee for 9-14 yr. olds is \$5 for members/residents & \$7 for non-residents.

Sign-ups for our T-ball Clinic (3-5) will continue until March 31 or until full. Sessions are held on Wed.



mornings from 10-10:45 am & Wed. evenings from 5:30-6:15 pm or 6:15-7 pm from 6/5-7/17.

Youth Baseball/Softball (6-18) Leagues will be extended until Sunday, March 3! Evaluations for ages 7 & above will begin the week of March 11. Each program has a registration form with an info sheet attached in the lobby and/or on our web site with all the details you need! Games are scheduled to begin after Memorial Day and end in mid-July (weather permitting). Practices are held on week-nights & weekends (times/days TBD).

More Activities & Programs

Lifeguard Training will be held at the MHCC on Tuesdays from April 2-May 21 from 1-10 pm. The course is FREE with a 300 hour commitment before receiving a certificate. If you don't plan to work for us, the cost is \$150 for members, \$175 for residents & \$200 for non-residents. Call Jessica at 440-234-2255 for more info.

Adult Learn to Swim Classes will be offered on Sundays from March 31-May 19 & on Wednesdays from April 3-May 22. New to the Pool & Novice is on Wednesdays from 7:15-8 pm, Intermediate is on Sundays from 11-11:45 am & Triathlon/Endurance is on Sundays from 10:05-10:50 am.



Adapted Learn to Swim Classes for 18+ will be offered on Mondays from April 1-May 20 from 10:30-11:15 am at the MHCC. Bubble Buddies 1 (ages 2-5) is from 6:15-6:45 pm, Bubble Buddies 2 (ages 6-9) is from 6:45-7:15 pm, Aquatic Achievers (ages 10-15) is from 7:15-7:45 pm, Aquatic Achievers Club (ages 16+) is from 7:45-8:15 pm & Special Olympics (ages 8+) is from 8:15-8:45 pm.