

October, 2018

The Middleburg Hts. Recreation Department

# "Heights Highlights"

A monthly update of recreational programs, activities & special events in our city!



MIDDLEBURG HEIGHTS  
COMMUNITY CENTER

8169 members

## Our Programs & Activities are Scary Good!

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As the temperatures drop, leaves change color, days get shorter and Halloween approaches, our Fall programs kick into high gear!

Check out this newsletter for programs and activities that you would like to register for this month! You can also sign up for our e-newsletter!

We have gymnastics and dance classes for kids starting soon, registrations for basketball, volleyball & indoor bocce ball are this month, our popular Kid-size programs are accepting sign-ups, adult aquatic & aerobic classes, special needs programs, SilverSneaker exercise classes, personal training sessions and so much more is available!

We would love to see you at the center this Fall!

Beginning November 1, thru April 30, 2019 daily non-resident guest passes will revert back to \$15 per person (3 years of age & older). Guest passes may not be purchased on Thursdays as that is still resident & member ONLY day.



If you have a business or would like to advertise your company to over 350 people in one hour, we invite you to hand out candy and any promotional materials at our Family Halloween Party on Oct. 27 from 6-7 pm! Email [sdockman@middleburgheights.com](mailto:sdockman@middleburgheights.com) or call 440-234-2255 to reserve your spot!

### Family Halloween Party Tickets On Sale!

Our annual "Boo in the Burg" Family Halloween Party for kids 10 yrs. of age & under (and their families) will be held on Saturday, Oct. 27 from 6-8 pm at the center! We'll hand-out loads of candy, have games for the kids to play, help them make a craft appropriate for

the season, be entertained by an interactive show, balloon making & much more! Tickets are \$5 per person (2 & under are free)! Tickets are on sale NOW until they sell out (which is usually the case for this event so don't wait too long)!!!!

## **Rec News & Notes**

The Senior Transportation Connection provides rides to residents 60 years and older. Reservations at least 48 hours in advance are required. Although medical transports are a priority, they may be able to assist with shopping and other appointments. Please call 800-983-4782 or go to [www.ridestc.org](http://www.ridestc.org) for more information or to make appointments.

The next Chamber of Commerce lunch meeting will be on Thursday, October 4 from 11:30 am-1 pm. Fly over on a broom or float in like a ghost to hear paranormal investigator Mary Ann Winkowski discuss her encounters with the spirit world. Contact [cmpeck@middleburghightschamber.org](mailto:cmpeck@middleburghightschamber.org).

We offer a variety of birthday party packages at the center! The Classroom & Dolphin Room are available to rent at reasonable rates for your child's Big Day! Call Karol at 440-234-2255 to reserve your date & time!

Pickleball is played this fall/winter on Monday & Wednesday mornings in the Main Gym.

A Household Hazardous Waste collection will be held at our Service Garage at 7375 Engle Rd. on Sat., October 13. Hours are 9:00am-12:00pm. Residents can dispose of oil-based paint, pesticides, automotive fluids and other hazardous products found in the home.

Examples of household hazardous waste include oil based paint, solvents, used motor oil, automotive fluids, lawn and garden products, pesticides, pool chemicals and household cleaners. Latex paint is not accepted in this program. Latex paint should be dried up using cat litter and placed in the trash.

The Midd. Hts. Senior Connection hosts an educational talk on Tuesday, Oct. 16th from 10:30-11:30 am titled "Parkinson's—Delay the Disease." Southern Hills is the sponsor. Phillips & Mille will provide the refreshments. All are invited for this FREE program. The Sr. Connection group will also a Senior Country Fair Dance for those 55 & older on Thursday, October 18 from 1-3 pm. Free food, games, music and more! See Laurie Schemer or call her at 440-665-7325 for tickets.

As a reminder, full court basketball games may only be played at the discretion of the building supervisors. We make every effort to accommodate as many users who want to shoot baskets as we can.

The Midd. Hts. Historical Society is proud to invite you to a "first person" presentation by Sandra Zikursk as she appears as "Betsy Ross" on Tuesday, October 2 at 7 pm at the Community Center. Bring your school age children/grandchildren for this fun and educational show.

### **Indoor Adult Dance Schedule**

The following dances are held on the 1st & 3rd Tuesdays of the month from 1-3 pm. Admission is \$5 per person (includes coffee and a donut):

|                    |                |
|--------------------|----------------|
| Tues., November 6  | Al Battistelli |
| Tues., November 20 | Wayne Tomsic   |
| Tues., December 4  | Al Battistelli |
| Tues., December 18 | Wayne Tomsic   |
| Tues., January 1   | No Dance       |
| Tues., January 15  | Wayne Tomsic   |

Tues., October 2 Al Battistelli  
 Tues., October 16 Wayne Tomsic



## **Community Health Awareness Programs this Month**

The Rec. Dept. partners with local health organizations to provide the following services this month:

|               |  |
|---------------|--|
| Tue., Oct. 2  | Blood Pressure Screening (8-10 am)           |
| Mon., Oct. 8  | Blood Pressure & Glucose Screening (8-11 am) |
| Wed., Oct. 17 | Blood Pressure Screening (8 am-12 pm)        |
| Fri., Oct. 19 | Memory Screening (9-11 am)                   |
| Mon., Oct. 22 | Blood Pressure & Glucose Screening (8-11 am) |
| Mon., Oct. 29 | Adult “Haunted” Health Fair (10 am-12 pm)    |



\*All of the above programs are **FREE** except where noted  
*The next Red Cross Bloodmobile Blood Drive is on Mon., Oct. 22 from 1-7 pm at the center!*

### **Adult Health Fair**



Our annual Adult “Haunted” Health Fair will be held on Monday, October 29 from 10 am-12 pm in the Casual Activities Area. This FREE event is for anyone who wants to stop in and get great health information and

screenings. About 40 vendors will be here. Walgreens will provide flu shots (free for Medicare participants). We’ll have great give-a-ways. No pre-registrations needed——just stop by (if you dare)!

### **Midd. Hts. Women’s Club Fundraiser**

The Middleburg Hts. Women’s Club will hold their annual fundraiser luncheon at Carrie Cerino’s Ristorante on Saturday, Nov. 3 from 11:30 am-3 pm. The theme is “Let Us Entertain You” and includes show stopping gift basket raffles, flashy gift cards, bake sale, cash raffles and a 50/50 raffle! Entertainment will be provided by the BMHS Center Stage group. Tickets are \$35. Call Mary at 440-628-8014 or Theresa at 440-227-7216 for information and tickets.



#### **DID YOU KNOW?**

The Friendly Walkers Breakfast Club meets at 9:00 am on the first Friday of the month here at the center to discuss exercise tips, plans for future meetings/special events & socializing! Breakfast follows at a nearby restaurant. If you’re looking for the camaraderie of fellow walkers, please contact Laurie at laurel52615@gmail.com.

Look for more information about our programs in the:

**NewsSun**

**Lobby at Center**

**Web Site**

**Facebook**

**Twitter (MHRecDept)**

**E-newsletter**

16000 Bagley Rd.  
Middleburg Hts., Ohio 44130

Phone: 440-234-2255

Fax: 440-234-3228

Email: [sdockman@middleburgheights.com](mailto:sdockman@middleburgheights.com)



Looking for a great place to have your child's birthday party that's close to home, inexpensive and fun ?

Try one of our  
**Birthday Party Packages**

at the Community Center



The maximum age of the celebrant is 12 yrs. old. Parents are permitted to bring carry-out type foods. There are no kitchen facilities available! Pick up a flyer in the lobby for more info and then call or email Karol at [kgermany@middleburgheights.com](mailto:kgermany@middleburgheights.com) to reserve your date!!

CHECK US OUT AT  
[WWW.MIDDLEBURGHEIGHTS.COM](http://WWW.MIDDLEBURGHEIGHTS.COM)

### More Programs & Activities

The Rec. Dept. will accept youth basketball registrations this month for our clinic (ages 3-4 & K-1st grade), jr. boys & girls (grades 2-4), bantam boys & girls (grades 5-6), teen boys & girls (grades 7-9) & high school 4 on 4 basketball leagues! We accept non-resident children in our youth programs if you reside in or attend a public or private school within the boundaries of the Berea City School District or have a current non-resident membership of the MHCC. The fees for Clinic participants are \$45 for residents/MHCC members & \$55 for those who reside in or attend a school in the BCSD. The fees for Youth league participants are \$55 for residents/members of the MHCC & \$65 for those who reside in or attend a school in the BCSD.

The Rec. Dept. will accept adult indoor bocce ball league registrations this month for our coed 4 person teams (Wednesday evenings), men's 2 person teams (Thursday evenings) & coed 4 person teams (Thursday morning) leagues. Matches will start in early November. Sign up as teams at the front desk. \$50 for 2 persons or \$100 for 4 persons. Individuals may sign up for the Thursday morning league for \$10 for members/residents & \$15 for non-members/non-residents.

The Rec. Dept. will accept adult coed volleyball registrations this month for teams that will play on Wednesday nights starting Nov. 14. There are residency/membership rules in order to participate.



A Halloween Craft show will be held at the Community Center on Sunday, October 14th from 12-4 pm. Contact [t.jedryczka01@gmail.com](mailto:t.jedryczka01@gmail.com), 440-897-3301 or @handmadeartcle on Facebook for more information.

Our Kidszone offers a program called Friday Fun Nights from 5-8 pm on the first Friday of the month for ages 8 & up. Upcoming dates are Oct. 5, Nov. 2 & Dec. 7. Saturday Sitters is 4-8 pm on the third Saturday each month for ages 3-8. Upcoming dates are Oct. 20, Nov. 17, Dec. 15. Call 440-234-2255 for prices.

The Rec. Dept. will accept adult cornhole registrations this month for 2 person rec teams & 2 person competitive teams. Matches are on Monday nights starting Mon., Nov. 12. Fees are \$50 for a team & \$25 for an individual.

