

August, 2018

The Middleburg Hts. Recreation Department

"Heights Highlights"

A monthly update of recreational programs, activities & special events in our city!



MIDDLEBURG HEIGHTS
COMMUNITY CENTER

8084 members

It's Still Summer In The City!

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Is it possible that the kids go back to school in a few weeks?! There are still a lot of opportunities to enjoy the outdoor pool, the playground, a picnic lunch in our pavilions and the nearby beautiful Metropark system!

We also have plenty of space to walk, jog, skate, ride or just sit at the park and enjoy the rest of summer! You can also enjoy the air-conditioned comfort of the community center where our indoor pool, fitness area, gym or community rooms are available!

Our Kidszone child care hours are changing. We will offer a place for kids to stay while mom & dad use the center on Monday-Thursday from 8:30-10 am & 5-8 pm. On Friday, we are open from 5-8 pm only. On Saturday, we will be open from 9 am-1 pm.



The Indoor Pool, steam room, sauna and hot tub will be closed from Monday, August 13 thru Sunday, August 26 for maintenance. The outdoor pool and locker rooms will remain open.

Movie-In-The-Park

Immanuel Church in Middleburg Hts. will be sponsoring a family friendly movie in the park (The Incredibles) on Friday, August 10th at 9 pm. This is a FREE event. Kids games and activities will be held

starting at 8:30 pm. The movie will be shown on a giant inflatable screen near the ballfields by City Hall. You are welcome to bring snacks, refreshments, lawn chairs and blankets.

News & Notes

The outdoor pool is open from 10 am until 8:30 pm from Monday thru Saturday and from 10 am until 7:30 pm on Sunday (weather permitting).

The last day to use the outdoor pool in 2018 will be on Sunday, Sept. 2. We will be closed beginning Mon., Sept. 3.

Thanks for your patronage this past summer!

Fall Learn-to-Swim registrations will begin on Tuesday, August 14 for members/residents & on Tuesday, August 21 for non-members! Classes begin in mid-September.

The Kidszone has new school year morning operating hours (8:30-10 am & 5-8 pm, Mon.-Thurs). Friday hours are 5-7 pm (if necessary). Saturday hours are 9 am-1 pm.

The SilverSneaker/Prime Fitness program has almost 3,000 people taking advantage of free memberships and exercise classes at our center! The water-based Splash fitness class will resume on Mondays-Fridays from 2-2:50 pm starting on Tuesday, September 4!! This is a free class for SilverSneaker members.

A Summer Craft Show will be held at the center on Saturday, August 25 from 11 am-3 pm. They'll have a beautiful selection of local art, crafts and more. Call 440-897-3301 or go to t.jedryczka01@gmail.com.

A Household Hazardous Waste Round-Up will be held on Friday, August 10 from 8 am-3 pm at the Midd. Hts. Service Center (7375 Engle Rd.). Some items accepted are oil based paint, sealers, primers, coatings, varnishes, paint thinners, etc

Please make note that all SilverSneaker Splash classes will NOT be held on days that the Berea City School District has a scheduled school closing!

Berea City Schools resume classes on Tuesday, August 23rd! The first girls soccer match of the season is on Friday, August 17 at home (RAC) at 7 pm vs. Louisville. The first boys soccer match of the season is at Shaker Hts. On Friday, Aug. 17 at 6 pm. The opening football game of the season is on Friday, August 24 at Strongsville at 7 pm. Go Titans!

The center will be closed on Monday, Sept. 3 (Labor Day).

The first Dolphin Room birthday party of the 2018-19 calendar year will be held on Saturday, Sept. 29. We will reserve parties in this room on weekends until May, 2019. This package includes 3 hours of swimming and back & forth privileges to this room which is right off the pool deck in the SW corner of the building. **Limit of 25** adults and children per party.

Upcoming Adult Dance Schedule!

Dances are held on the 1st and 3rd Tuesdays of the month from 1-3 pm. Admission is \$7 (MHCC members can get a \$2 discount) & includes coffee & a donut:

Sept. 4	Al Battistelli
Sept. 18	Wayne Tomsic
Oct. 2	Al Battistelli
Oct. 16	Wayne Tomsic
Nov. 6	Al Battistelli
Nov. 20	Wayne Tomsic

August 7	Al Battistelli
August 21	Wayne Tomsic



Community Health Awareness Programs this Month

Local organizations provide health services to our community at various times throughout the month. The schedule is as follows:

Tue., Aug. 7	Blood Pressure Screening (8-10 am)
Wed., Aug. 8	Blood Pressure & Glucose Screening (9-11 am)
Mon., Aug. 13	Blood Pressure Screening (8 am-12 pm)
Wed., Aug. 15	Blood Pressure Screening (8 am-12 pm)
Mon., Aug. 20	Blood Pressure Screening (9-11 am)
Mon., Aug. 27	Blood Pressure & Glucose Screening (8 am-12 pm)

*All of the above programs are **FREE** except where noted
*This month's Red Cross Blood Drives are on Wed., Aug. 8 &
Mon., Aug. 27 from 1-7 pm at the center!*



Friday Night Float Night

Celebrate the last days of summer vacation before school starts with your family and friends at this outdoor pool party on Friday,



August 10 from 6-8:30 pm! We'll have a DJ (Mo & Joe) playing the latest tunes, dancing on the pool deck, games, ice cream floats for sale and much more! Bring your favorite float to use in the pool. The event is **FREE** for members. Guest fee must be paid by non-members.



Family Fishing Day



Come show off your angler skills at the MHCC outdoor pool on Saturday, Sept. 15 from 1-3 pm and Sunday, Sept. 16 from 11 am-1 pm for the 3rd annual Family Fishing Day. The Cleveland MetroParks will partner with the Rec. Dept. to fill the pool with blue gill, perch, bass & catfish. Kids and adults can then "go fishing" and catch up to two fish and/or release an unlimited number of fish back into the pool! Prizes will be given to kids for the Most Fish or Biggest Fish caught. There will be a limited # of fishing poles and bait. Sign up **NOW** at the front desk. The cost is \$5 for members/residents and \$10 for non-residents. Pre-registration is required.

DID YOU KNOW?

The Friendly Walkers Breakfast Club meets at 8 am on the first Friday of the month here at the center to discuss exercise tips, plans for future meetings/special events & socializing! Breakfast follows at a nearby restaurant. If you're looking for the camaraderie of fellow walkers, please contact Laurie at 440-268-9767.

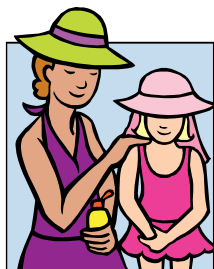
If you would like to receive twice-a-month updates on everything that's happening in the Rec. Dept. via email, send an email message to Steve Dockman at staved17@wowway.com, type in the word "newsletter" in the subject line & we'll link you up!

16000 Bagley Rd.
Middleburg Hts., Ohio 44130

Phone: 440-234-2255

Fax: 440-234-3228

Email: sdockman@middleburgheights.com



Looking for a great place to have your child's birthday party that's close to home, inexpensive and fun ?

Try the
Birthday Party Package

at the Community Center



Pick up a flyer in the lobby for more info or go online and then contact our Sales & Events team at 440-234-2255 or at to reserve your space!!

(Non-residents are welcome to buy packages too!!)

CHECK US OUT AT
WWW.MIDDLEBURGHEIGHTS.COM

More great activities & things to do in the coming weeks!

Our popular Kids Korner program for 3-5 yr. olds (must be 3 by Sept. 4) is accepting registrations for the fall session which is on Tuesdays & Thursdays from Sept. 4-Dec. 13 from 10:30 am-1 pm. Kids will learn numbers, letters, phonics, counting, daily themes, fine & gross motor skills and much more in a structured environment. Kids are permitted to bring a snack for a "break" at 12:15 pm.

The Rec. Dept. is partnering with Southwest General to offer the Safe Sitter Program. Ages 11-14 are welcome to take this course on Friday, Aug. 24 from 9:30 am-4:30 pm. \$55 per student with the help of local Kiwanis Clubs. Only 8 students per instructor accepted! Call 440-816-8036 for details.

The Middleburg Hts. Women's Club sponsors two Adapted Aquatic programs to teach swimming skills on Mondays from Sept. 24-Nov. 12. "Bubble Buddies" is for kids 2-5 from 6:30-7 pm and for ages 6-9 from 7-7:30 pm. "Aquatic Achievers" is for 10-15 yr. olds from 7:30-8 pm and for 16 yr. olds-Adult from 8-8:30 pm. Registration begins August 14 for members & residents and starts August 21 for non-residents. There is NO FEE for these programs.

The Young Athletes of Cleveland Special Olympics program will resume their activities here at the MHCC on Wednesday evenings from 5:30-6:30 pm from Aug. 22-Oct. 10. Go to their Facebook page at Young Athletes Cleveland for details.

The W.A.G.S. Wonder Run presented by Nature Stone will be on Sat., Aug. 11th at 10 am at Coe Lake in Berea. Proceeds benefit Working Animals Giving Service for kids with special needs. Go to wags4kids.org/wonder-run-5k for costs and details.



The SW Suburban Volleyball League for girls in grades 4-9 is accepting sign-ups this month. There is a Jr. league for those in grades 4-6 and a Sr. league for 7-9 graders. The cost is \$35 for MH residents and members of the MHCC & \$45 for all others who live in the BCSD school district boundaries. Evaluations are on Wed., Sept. 6 at 6:30 or 7:30.

Adapted Recreation Night Baseball will be held in August on Mon. & Wed. from 7-8:30 pm from Aug. 1-Aug. 18! Please bring a baseball mitt! Adapted Bowling will be held on Saturdays at 12:15 pm in August at Brookgate Lanes. If you have any questions, contact Sandy Balzer at sbalzer@middleburgheights.com or at 440-234-2255 to join us!