

"Heights Highlights"

A monthly update of recreational programs, activities & special events in our city!



MIDDLEBURG HEIGHTS
COMMUNITY CENTER

7962 members

"Spring" into our Summer Programs

Inside this issue:

<i>News & Notes</i>	2
<i>Senior Section</i>	2
<i>Adult Dance Schedule</i>	2
<i>Health Programs</i>	3
<i>Miss MH Pageant</i>	
<i>Parade Applications</i>	
<i>More Things To Do</i>	4
<i>Fitness Schedule</i>	5-11

April showers traditionally bring us not only May flowers, but summer program registrations! You can take advantage of our change-able spring weather by signing up for the many summer activities that we'll provide this June, July & August!

The Recreation Dept. is making plans to conduct the Central Park Summerfest at the new library on Saturday, July 7. It will include the annual parade at 11 am and a fire-works show that evening. Stay tuned for more details! The Miss Middleburg Hts. Pageant will be held on Sunday, July 8 at 7 pm at the Community Center. The rehearsal is on Friday, July 6 at 7 pm.

The 4th annual Splash Bash, which we hold to celebrate the opening of another outdoor pool season, is from 2-4 pm on Saturday, May 26!

We'll have a DJ for music, games, prizes and fun for all! Free for members. Guests are welcome but must pay the normal non-member entry fee.



The outdoor pool is scheduled to open for the season on Sat., May 26 from 10 am-7:30 pm. Outdoor pool hours will be 10 am-8:30 pm, Monday thru Saturday & 1-7:30 pm on Sundays until August 31 (weather permitting). Call 440-239-6312 for weather updates.

The Tom Nowak Big Creek Run is This Month!

The 30th annual 5K Run/1 Mile Walk or Run presented by the Midd. Hts. Chamber of Commerce & Rec. Dept. and sponsored by Phillips & Mille, LPA will be held on Mother's Day (Sunday, May 13) at 9 am! The first 300 to register by mail or online at bigcreekrun.com are guaranteed a

shirt! Fee structure and other details are on the registration form. Hermes Sports & Events will be timing the 5K run with Chip Timing. The proceeds benefit many local programs and charitable organizations! The race is held in memory of long time race director, Tom Nowak.

News & Notes

The next Household Hazardous Waste Round-Up will be held on Friday, May 11 from 8 am-3 pm at the Middleburg Hts. Service Center at 7375 Engle Rd. Some items you may drop off are oil or solvent based paint, sealers, primers, shellacs, paint thinner, spray paint, pesticides, insecticides, automotive fluid, motor oil.

Do NOT drop off latex paint, medical waste, electronics or appliances.

The Rec. Dept. presents the 1st annual Cruise Into Summer event on Saturday, June 2 from 7-11 pm for ages 21 & over. Tickets are \$65/person or \$100/couple. Your ticket includes heavy appetizers, 2 free drinks, casino, entertainment, games and much more!

Pavilion and City Hall Gazebo Rentals are still being accepted for the 2018 season! Call us 440-234-2255 to reserve your date & time!

The last Saturday Sitters (Kidszone) class of the school year is Sat., May 19 from 4-8 pm. The Friday Fun Night (Kidszone) scheduled for Fri., May 4 from 5-8 pm is cancelled.

There are just a couple of spots left for this summer's Safety Town program that will be held at the community center from Monday, June 11th thru Thursday, June 21st! Call 234-2255 for more details and to register!

Southwest General Health Center will be hosting the next Safe Sitter class on Saturday, June 2 at SWGHC from 9:30 am-4:30 pm. Boys & Girls ages 11-14 should register by calling 440-816-8036. Learn Safety & Security precautions & basic care skills.

The 15th annual Midd. Hts. Elected Officials Food Drive is Saturday, May 12 from 10 am-12:30 pm at Heinen's on Bagley Rd. at Pearl Rd. All food and cash donations will go to the Middleburg Hts. Food Pantry

and S.C.A.N. Hunger Center. Some items in high demand are pbj, pasta & sauce, cereal, canned food, sugar, rice, coffee, paper products, toilet paper, soap, baby & personal care items.

The Berea-Midpark Boys Basketball Youth Camp is accepting registrations. The camp is for kids in grades 3-8 the week of June 25-28 from 9-11:30 am. The cost is \$60. Includes instruction, skill stations/contests, games & a t-shirt. Contact Coach Barther at lbarther@berea.k12.oh.us for more info.

The next Middleburg Hts. Senior Connection meeting will be held on Tuesday, May 15 at 10:30 am at the center. The topic is "Fear Factor" and will be sponsored by Pleasant Hills United Methodist Church. All are invited!

The Middleburg Hts. Senior Connection also presents a their annual "Summer Picnic for a Cause" on Thursday, June 21, 2018 from 11:30 am-1:30 pm at the pavilions behind City Hall. In case of rain, the picnic will be held at the MHCC. Admission is crayons, pencils, markers.

Adult Dance Schedule for Spring & Summer



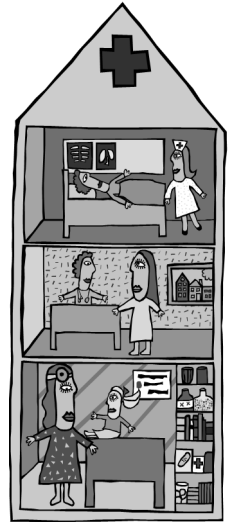
Dances are held on the 1st & 3rd Tuesday of the month from 1-3 pm. There is an admission fee of \$5 for members and \$7 for non-members for each dance (includes coffee and a donut).

	June 5	Al Battistelli
	June 19	Wayne Tomsic
	July 3	Al Battistelli
	July 17	Wayne Tomsic
May 15		Wayne Tomsic
	August 7	Al Battistelli
	August 21	Wayne Tomsic

Community Health Awareness Programs this Month

The Rec. Dept. partners with local health organizations to provide our Community the following services on the dates/times listed below:

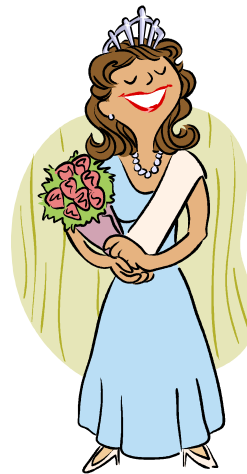
- Tue., May 1 Blood Pressure Screening (8-10 am)
- Wed., May 9 Osteoporosis Screening (9-11 am)
- Mon., May 14 Blood Pressure Screening (8 am-12 pm)
- Wed., May 16 Blood Pressure Screening (8 am-Noon)
- Wed., May 23 Blood Pressure Screening (8 am-12 pm)
- Wed., May 30 Osteoporosis Screening (8 am-12 pm)



*All of the above programs are **FREE** except where noted
The next Red Cross Blood Drive is Thursday, May 10 from 1-7 pm at the center!

Miss Middleburg Heights Contestants Wanted!

Applications for the 2018 Miss Middleburg Hts. Pageant are available this month at the community center! There is NO entry fee. The competition has two categories — - girls going into 3 & 4 grade in the fall can compete to be crowned Little Miss Middleburg Hts! Miss Middleburg Hts. is for ladies going into grades 11 & 12 in the fall. Absolutely NO experience is required. The application deadline is Saturday, June 2, 2018 at 9 pm! The pageant will be held on Sunday, July 7, 2018 at 6 pm at the community center!



The Friendly Walkers Breakfast Club meets at 9 am on the first Friday of the month here at the center to discuss exercise tips, plans for future meetings/ special events & socializing! Breakfast follows at a nearby restaurant. If you're looking for the camaraderie of fellow walkers, please contact Laurie in the Fitness Area or leave her a note at the front desk.

Congrats to the these Winter Sports Champions

- | | |
|-------------------------------------|--|
| Adult Coed Volleyball | The Net Prophets |
| Adult Cornhole | Gary & Gail Kula |
| Adult Indoor Morning Bocce | Edith Yerger, Hans Schueller, Anna Mae Migra & Glenn Jedlinski |
| Adult Indoor Men's Bocce | Larry Szymanski & Carmen Green |
| Adult Indoor Coed Bocce | Raffaele & Marie Parente, Gino & Francesca Ruggiero |
| High School 4 on 4 Basketball | Penguins |
| Boys Teen Basketball | Magic |
| Boys Jr. League & Tourn. Basketball | Badgers |
| Boys Rookie/Tourn. Basketball | Neal Postel D.D.S./Bruins |

If you would like to receive twice-a-month updates on everything that's happening in the Rec. Dept. via email, send an email message to Steve Dockman at steved17@wowway.com, type in the word "newsletter" in the subject line & we'll link you up!

16000 Bagley Rd.
 Midd. Hts., Ohio 44130

Phone: 440-234-2255

Fax: 440-234-3228

Email: sdockman@middleburgheights.com



Looking for a great place to have your child's birthday party that's close to home, inexpensive and fun ?

Try our
Birthday Party Packages

at the Community Center



WE'RE ALSO ON THE WEB AT
WWW.MIDDLEBURGHEIGHTS.COM

Pick up a flyer in the lobby for more info and then contact us at 440-234-2255 or email lkrumheuer@middleburgheights.com to reserve your date.

Register this month for the following:

- Youth & Adult Bocce Ball Leagues
- Youth Tennis Lessons
- Adult Coed Indoor Volleyball
- Youth Dodgeball League
- Adapted Rec Swimming and Baseball
- Kidszone Camps (see dates below)

And we're even accepting Fall Sign-ups for our very popular Kidszone Activity Classes!

Audrey's Outreach "Lunch Sack Program" is for families in the BCSD who are on free or reduced meals during the summer. Go to audreysoutreach.org for more details.

Summer Learn-to-Swim registrations start on Tuesday, June 5 for members & residents & on Tuesday, June 12 for non-members! Classes begin in June & July. Learn to swim fees are \$40 for yearly members, \$55 for residents/nonmembers & \$70 for nonmembers (8 lessons). Class dates are June 16-August 4. See the front desk or pool staff for more info!

A 5-day intensive Lifeguard Training course will be held at the center's indoor pool on Thursday, May 10-Monday, May 21 from 4-10 pm. The cost is \$150 for members, \$175 for residents & \$200 for non-residents. The fee will be waived if you plan to work at the MHCC.

More Things To Do!

Adapted Aquatic Swim Lessons are available for ages 2-5½ from 6:30-7 pm, ages 6-9 from 7-7:30 pm, ages 10-15 from 7:30-8 pm & ages 16+ from 8-8:30 pm on Mondays from June 18-August 6. Same registration dates and fees as everyone else. Volunteers also needed. Call 440-234-2255.

Our Kidszone Summer Camp Schedule is now available! We offer 6 Summer Camp Weeks on Tue. & Thur. from 9 am- 2 pm on 6/12 & 6/14, 6/19 & 6/21, 6/26 & 6/28, 7/10 & 7/12 and 7/17 & 7/19 & 7/24 & 7/26. Grades K-5 are welcome. We also have a Jr. Counselor program for Grades 6 & up. Details are in the lobby or at middleburgheights.com

The Rec. Dept. is actively seeking the service of students ages 10-14 (entering 5-8 grade) to design and participate in a variety of service experiences. To enroll in our Young Ambassadors program, submit a paragraph describing why being an active youth in our community is important. For more details go to our website or pick up info at the center.