March, 2018

#### The Middleburg Hts. Recreation Department

# "Heights Highlights"

A monthly update of recreational programs, activities & special events in our city!



7775 members

### "Spring" into our Activities this Month!

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The annual Spring
Shopping Extravaganza will be held at
the center on Saturday, March 17 from 1-4 pm. Over 40 home
shopping retailers will
be here. Free admission. Cupcake bar.
Door prizes.
Contact Dana at
madotto2@yahoo.com

March is a great month to be thinking about the end to our long, cold winter weather, the beginning of longer, sunnier days &deciding what indoor and outdoor activities that you can register for at the community center!!!

Spring Swim lesson & Kidszone registrations start soon, youth baseball and softball sign-ups & evaluations will be held this entire month and our water/land fitness classes have a spot reserved just for you!

We are also offering a week of kids activities called "Warrior Week" from Mon., March 26-Fri., March 30 (see page 3 for details)

The Indoor Pool, Steam Room,
Sauna & Hot Tub will be
closed for scheduled
maintenance beginning
Tuesday, April 3 and reopening on Saturday, April 14.
The locker rooms will remain
open. Thank you for your
patience!



#### Easter Egg Hunts Are Early This Year!

Join us for our Aquatic Egg Hunt in the Indoor Pool or our Outdoor Hunt on the Ballfields on Saturday, March 31 The indoor hunt is for ages 6 months-10 yr. olds but you MUST pre-register. \$1 for members, \$2 for residents & \$5 for non-residents. Parents must be IN THE WATER with children ages 4 & under. The outdoor hunt is free for ages 8 & under at 1 pm. Kids are divided by age group on our 3 fields (weather permitting). "Specially marked" eggs have prizes for those who "find" em.

The Middleburg Hts. Women's Club Scholarship Applications are available at your school's guidance counselor's office or the person listed below. Must be a female residents of Middleburg Hts. who will be graduating this Spring! The deadline is Friday, March 16, 2018. Return apps to: Nina Stein, MHWC17@gmail.com or call 440-234-8879.

The 7th annual Dash for Dignity to benefit Wags 4 Warriors uniting vets with service dogs will be held at Midd. Hts. Jr. High on Sat., April 28 at 9 am. Register online at www.speedy sneakers.com

#### News & Notes

Outdoor Pavilion and City Hall Gazebo Rentals will be accepted for the 2018 season for residents & members starting Mon., March 5! Rental dates are available from May to mid-October, 2018. The cost is \$75 for one pavilion from dawn to dusk. There are 8 picnic tables, 2 grills and electrical outlets in each of our two pavilions. The Gazebo (on the front lawn of city hall) rents for \$50 for a three hour block. Call our Sales & Events team at 440-234-2255!

The Midd. Hts. Historical Society cordially invites you to their meeting at the Center on Tuesday, March 6 for a 1 pm performance in which actors will portray wives of the eight United States Presidents from Ohio! Meet Anna Harrison, Julie Grant, Lucy Hayes, Lucretia Garfield, Caroline Harrison, Ida McKinley, Helen Taft & Florence Harding.

Turn your clocks AHEAD one hour at 2 am on Sunday, March 11

Spring officially starts Tuesday, March 20!!! Save Time & Money by purchasing a water exercise punch card! Cards are valid for any walk-in class. Get 11 classes for the price of 10! Members pay \$20, resident non-members pay \$40 & Non-residents pay \$55. Get yours at the front desk TODAY!

We are working very hard to improve our WiFi capability in the Community Center. With the increased use of this technology, we realize the need to stay current. Thank you for your patience.

A Community Action Poverty Simulation presented by the MH branch of the Cuyahoga County Public Library and Greater Cleveland Food Bank will be held at the MHCC on Tuesday, March 13 from 9 am-12 pm. Participants will role play a month in poverty in order to experience low income lives. You can register for this free event by calling 440-234-3600 or at cuyahogalibrary.org.

A Safe Sitter class will be held at SWGH on Friday, March 30 (Spring Break for the kids). For ages 11-14. Go to swgeneral.com for details.

#### Adult Indoor Dance Schedule



Dances are held on the 1st & 3rd Tuesday of the month from 1-3 pm. There is a \$5 admission fee for members and \$7 for non-members for each dance (includes coffee and a donut).

March 6 Al Battistelli March 20 Wayne Tomsic April 3
April 17
Al Battistelli
Wayne Tomsic

May 1
May 15
Wayne Tomsic

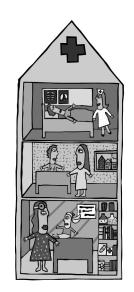
June 5
June 5
June 19
Wayne Tomsic

#### Community Health Awareness Programs this Month

The Rec. Dept. partners with local health organizations to provide our Community the following services on the dates/times listed below:

Blood Pressure Screening (9-11 am) Mon., March 5 Tue., March 6 Blood Pressure Screening (8-10 am) Blood Pressure Screening (8 am-12 pm) Mon., March 12 Blood Pressure Screening (8-10 am) Mon., March 19 Wed., March 21 Blood Pressure Screening (8 am-12 pm) Blood Pressure Screening (8-10 am) Mon., March 26

> \*All of the above programs are **FREE** except where noted The next Red Cross Blood Drive is Monday, March 12 from 9:30 am-12 pm at the center!



#### Safety Town Sign-ups begin this month!

Registrations for our very popular "Safety Town" program will begin on Monday, March 12th! Resident Boys & Girls entering Kindergarten in the Fall of 2018 are welcome. The program is from Mon., June 11-Thurs., June 21. Class times are at 9:00 am, 11:00 am or 1:00 pm. There is a \$20 fee to sign-up! Forms will be available at the Community Center!! Your child will learn a number of safety-

related concepts along with trips to the Police & Fire Stations! Interested teens who would like to volunteer should contact Officer Nick McCoy at the Police Station.



#### Warrior Week To Be Held Over Spring Break!



\*\*\*\* The Rec. Dept. will be offering a week of kids (ages 8-14) activities for FREE from Monday, March 26-Thursday, March 29 (Spring Break \*\*\*\*\*\*\* for BCSD students). Non-resident guests must

pay a \$10 fee per day to participate (normally \$15 per day) except Thursday which is our regular Member & Resident ONLY day. On Friday, March 30, we will hold The Clash of the Heightans for the 2nd year in a row! Everyone must register and pay a fee to participate that Friday. \$10 for resident/members & \$15 for non-residents. Go to middleburgheights.com and click on the Athletics tab for all the details.

The Friendly Walkers Breakfast Club meets at 9:00 am on the first Friday of the month here at the center to discuss exercise tips, plans for future meetings/special events & socializing! Breakfast follows at a nearby restaurant. If you're looking for the camaraderie of fellow walkers, please contact Laurie in the Fitness Area!

If you would like to receive twice-a-month updates on everything that's happening in the Rec. Dept. via email, send an email message to Steve Dockman at sdockman@middleburgheights.com, type in the word "newsletter" in the subject line & we'll sign you up for the next update!

16000 Bagley Rd. Midd. Hts., Ohio 44130

Phone: 440-234-2255 Fax: 440-234-3228

Email:

sdockman@middleburgheights.com



WE'RE ALSO ONLINE AT

WWW.MIDDLEBURGHEIGHTS.COM

Spring Learn-to-Swim Registrations for members (\$35) & residents (\$50) will begin on Tuesday, April 3rd! Non-residents (\$65) can start signing up on Tuesday, April 10th! The Spring Session will consist of one 7-week session. We have classes for Toddlers thru Adults.

Our Kidszone Friday Fun Nights will be held on Friday, March 2, April 6 & May 4 for ages 9-14. The fee is \$7 for members/residents & \$10 for non-residents. Saturday Sitters will be on Sat., March 24, April 21 & May 19 for ages 3-8 and for Jr. Sitters on the same dates for ages 9-14. The fee for 3-8 yr. olds is \$10 for members/residents & \$15 for non-residents. The fee for 9-14 yr. olds is \$5 for members/residents & \$7 for non-residents.

Looking for a great place to have your child's birthday party that's close to home, inexpensive and fun?

Try our three different

## Birthday Party Packages

at the Community Center



Pick up a flyer in the lobby for more info and then contact us at 440-234-2255 or Karol at kgermany@middleburgheights.com to reserve your date!!

Sign-ups for our T-ball Clinic (3-5) will continue until March 31 or until full. Youth Baseball/Softball (6-18) Leagues will be extended until Sunday, March 11! Evaluations will begin the week of March 12. Each program has a registration form with an info sheet attached in the lobby and/or our web site with all the details you need!

Registrations for the 2018 Pitch, Hit & Run Skills Competition presented by Scotts are being accepted by the City of Parma Hts. Rec. Dept. this year. The FREE competition is for boys and girls ages 7-14 is on Friday, April 27 (rain date is Friday, May 4) at



Kurtz Park from 5-8 pm. Contact Mark Davis at 440-842-1117.

#### More Activities & Programs

Lifeguard Training for ages 16+ will be held on Thursdays from 4-9 pm at the MHCC from March 29-May 10. The cost is \$150 for members, \$175 for residents & \$200 for non-residents. You will receive certification after working 300 hours if taking the class for free. Contact Jessica at 440-234-2255 for more info.

The 30th annual Tom Nowak Big Creek Run sponsored by Phillips & Mille Co., LPA will be held at the MHCC on Sunday, May 13 (Mother's Day) at 9 am. The 5K race and 1K Fitness walk or run will use the Big Creek Pkwy. Go to peaceracing .com or bigcreekrun.com for more information and to register. Proceeds benefit many local programs. Goodie bags for 1st 250 to signup



#### **NEW FOR 2018!**

Adult (18+) Intermediate Swimming lessons will be offered from Sunday, April 15-May 20 from 10:30-11:15 am. Improve endurance, pace & form. The cost is \$30 members, \$45 for residents & \$55 for non-residents.