MIDDLEBURG HEIGHTS RECREATION DEPARTMENT

Fall ADAPTIVE Learn To Swim

Sponsored by the Middleburg Heights Women's Club

FREE eight week, 30 minute swim class. The Bubble Buddies 1 class is a parent and child class where we focus on water safety. The Bubble Buddies 2 class is a one on one class with young students focusing on water safety and learning to swim. The Aquatic Achievers is for our older students who focus on exercise and fun in the water. We run our eight week sessions on Mondays nights.

Space is limited, Please contact Matt Laughlin to register

mlaughlin@middleburgheights.com | 440-234-2255

Registration Dates: Members & Residents: November 29|Non-Residents: December 6

Bubble Buddies 1

A Special time for parents to introduce swim skills to children with developmental delays. Children will gain confidence in aquatics with parental guidance under the direction of an Instructor
6:15-6:45 PM

Bubble Buddies 2

Group Swimming instruction with focus on individual needs for special needs students.
6:45-7:15 PM

Aquatic Achievers

Group swimming instruction for older students. Instructors will challenge these young adults to improve swim skills, learn personal water safety techniques, and promote lifetime swim challenges.
7:15-7:45 PM

Monday Nights				
Time		Date	Class	Activity
6:15 PM -	6:45 PM	1/2-2/20	Bubble Buddies 1	2022. 4600
6:45 PM -	7:15 PM	1/2-2/20	Bubble Buddies 2	2022. 4610
7:15 PM -	7:45 PM	1/2-2/20	Aquatic Achievers	2022. 4700