



MIDDLEBURG HEIGHTS RECREATION DEPARTMENT



Winter 2022 LEARN TO SWIM

Registration Dates: Members & Residents: November 30 | Non-Residents: December 7

Pricing: Members: \$50 | Residents: \$65 | Non-Residents: \$80

Class Dates: Monday Nights: January 3– February 21

Wednesday Nights: January 5—February 23

Saturdays: January 8-February 26

Toddler With Parent

1-3 years

Emphasis on Water Adjustment, Trust, Fun, & Swimming Readiness

Preschool with Parent

3-6 years

Introduction to all swimming Skills: pulling, Kicking, & Breathing

Bubble Buddies 1

A Special time for parents to introduce swim skills to children with developmental delays. 1 Adult in the water with the swimmer

Bubble Buddies 2

Group Swimming instruction with focus on individual needs for special needs students.

Preschool Classes

3-6 years old

30 minute classes

Our preschool classes are focused on developing comfort and basic safety skills in the water. This class will meet in the slide drop off area. Parents are encouraged to exit the pool area after dropping off their children.

Introductory Skills

6 years and older

45 minute classes

Our Intro classes are focused on developing comfort and basic safety skills in the water. Through drills that build the foundations for competitive swimming. This class will meet in the lap lane area.

Parents are encouraged to exit the pool area after dropping off their children.

Stroke Skills

6 years and older

Permission required

45 minute classes

ONLY students with approval may register for our Stroke Program. Focusing on proper execution of freestyle, backstroke, breaststroke and butterfly.

Learn To Swim Class Schedule



Monday Nights				
Time		Date	Class	Activity
4:15 PM -	5:00 PM	1/3-2/21	Intro Skills	2022 . 1200
5:00 PM -	5:45 PM	1/3-2/21	Intro Skills	2022 . 1201
5:45 PM -	6:15 PM	1/3-2/21	Pre-School Alone	2022 . 1100
6:15 PM -	6:45 PM	1/3-2/21	Bubble Buddies 1	2022 . 1600
6:45 PM -	7:15 PM	1/3-2/21	Bubble Buddies 2	2022 . 1610
7:15 PM -	7:45 PM	1/3-2/21	Aquatic Achievers	2022 . 1700

Wednesday Nights				
Time		Date	Class	Activity
5:00 PM -	5:30 PM	1/5-2/23	Pre-School Alone	2022 . 1101
5:30 PM -	6:00 PM	1/5-2/23	Pre-School Alone	2022 . 1102
6:00 PM -	6:45 PM	1/5-2/23	Intro Skills	2022 . 1202
6:45 PM -	7:30 PM	1/5-2/23	Intro Skills	2022 . 1203
6:45 PM -	7:30 PM	1/5-2/23	Stroke	2022 . 1300

Saturday Mornings				
Time		Date	Class	Activity
10:00 AM -	10:30 AM	1/8-2/26	Toddler w/ Parent	2022 . 1401
10:00 AM -	10:30 AM	1/8-2/26	Pre-School Alone	2022 . 1103
10:30 AM -	11:00 AM	1/8-2/26	Pre-School w/ Parent	2022 . 1402
10:30 AM -	11:00 AM	1/8-2/26	Pre-School Alone	2022 . 1104
11:00 AM -	11:30 AM	1/8-2/26	Pre-School Alone	2022 . 1105
11:00 AM -	11:45 AM	1/8-2/26	Intro	2022 . 1204
11:45 AM -	12:30 PM	1/8-2/26	Intro	2022 . 1205
11:45 AM -	12:30 PM	1/8-2/26	Stroke	2022 . 1301